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Tour Operator : Madam Tours

Address : Madam Tours, Bhagwanbahal, Thamel. (In front of the Chaya Complex entrance)

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Diverse Nepal

An 18 day, 17 night private experience of Nepal, combining rich wildlife of the Terai with dramatic Himalayan landscapes and UNESCO World heritage sites.

3 nights Kathmandu, 1 night bandipur, 1 night Chitlang, 2 nights Chitwan, 3 nights Pokhara, 3 nights Poon Hill Trek, 2 nights Bandipur

Includes, Excludes & Highlights of the tour:

Includes:

- Airport transfers
- All Domestic Transportation (Land and Air)
- All accommodations (Double deluxe room)
- Guide's & Driver's and all staff's insurance and wages
- The safari in Chitwan will be accompanied by an experienced local guide and naturalist
- The hike in Poona Hill will be accompanied by an experienced local guide
- Entrance fees to all sightseeings
- Meals and Refreshments as it mentioned in Itinerary, Breakfast (B), Lunch (L) Dinner (D)

Excludes:

- International Airfare, Visa fee to Nepal
- Any other cost other then the one mentioned above
- Meals that is not listed above
- Gratuities
- Your personal costs
- Any other personal expenses that may occur
- Personal insurance, health insurance, flight cancellation and etc..

-Highlights-

- Sunrise view over endless tea gardens
- Birdwatching in Koshi tappu wildlife reserve
- Explore the wildlife of the Terai through canoe safari, jungle walk and jeep safari
- See the birthplace of Lord Buddha
- Hiking through the Rhododendron and Magnolia forests
- Experience the art and architecture of ancient cities of Nepal



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Outline Itinerary

- Day 01: Arrive Kathmandu, Pick up from the Airport, Hotel overnight
- Day 02: Flight to Tea capital of Nepal, Ilam(B & L Included)
- Day 03: Sunrise, Tea plantation visit, Mai pokhari, Make our own tea (B & L Included)
- Day 04: Drive to Koshi Tappu Wildlife Reserve (B & L Included)
- Day 05: Explore Wildlife, Bird viewing Village walk, fishing and boating(B & L Included)
- Day 06: Explore Chitwan National Park and Jungle Safari (B & L Included)
- Day 07: Jungle safari, Bird watching, Elephant Bath and Village Tour (B, L & D Included)
- Day 08: Chitwan-Lumbini-Pokhara, Explore the birthplace of Buddha (B & L Included)
- Day 09: Pokhara Sightseeing (B & L Included)
- Day 10: Pokhara to Nayapul and hike to Ulleri, explore Magar Village (B & L Included)
- Day 11: Hike From Ulleri to Ghorepani (B & L Included)
- Day 12: Ghorepani - Poon hill - Pokhara (B & L Included)
- Day 13: Drive to Gorkha (Ancient Kingdom of Nepal) and to Bandipur (B & L Included)
- Day 14: Bandipur extension- Explore this beautiful village (B & L Included)
- Day 15: Drive to Kathmandu, Free day for the shopping (B Included)
- Day 16: Departure

Quotation:

Number of Pax	Hotel's Standard (5 Stared or same standard)
Min 2	Nrs

Hotels are from basic to 3-4 star or similar standard.

HOTEL OPTION	CATEGORY ROOM
Kantipur Temple House or/and similar	Deluxe / Twin share or Single
Chiyabari cottage, Ilam	Deluxe / Twin share or Single
Aqua Birds camp, Koshi tappu	Deluxe / Twin share or Single
Chitwan Tiger camp or similar, Chitwan	Deluxe / Twin share or Single
Bandipur Chhen	Deluxe / Twin share or Single
Glacier Hotel & Spa, Pokhara	Deluxe / Twin share or Single
Tea houses on the trek	Basic rooms

Subject to change according to the season and booking time, In case of unavailability, we promise you that we will find similar standard hotels.



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Day 01: Arrive Kathmandu, Pick up from the Airport, Hotel overnight

Arrival Kathmandu. After refreshments at the hotel, you will have a short briefing about your upcoming tour with one of our experienced staff members.

Day 02: Flight to Tea capital of Nepal, Ilam(B & L Included)

After Breakfast, **7:30 AM**, we will drive you to the airport: **9:00AM**, your flight to Bhadrapur, Flight takes around 35 minutes from Kathmandu.

Continue in a 4x4 to **Ilam** – a picturesque hilltown famous for its tea gardens.

11:30 AM: Typical Nepali Thakali Lunch will be served in Birtamod, Jhapa. The distance from Birtamod to Ilam is around 90 KM and the landscape is one of the best in Nepal.

Day 03: Sunrise, Tea plantation visit, Mai pokhari, Make our own tea (B & L Included)

Wake up early today to witness Sunrise view over endless tea gardens.

7:30AM: Explore the plantations and see how they pluck, process, wither and make tea. Visit to a tea factory where you get to taste some fantastic brews of tea.

After Lunch, around 11:30 AM, we will Continue to the very famous **Mai Pokhari**, a wetland with many beautiful ponds and a pilgrimage for both Hindus and Buddhists. *We recommend you to buy some snacks, soft drinks for this journey.*

Distance from Ilam to Mai Pokhari is 20 km only but the roads are not that smooth so it takes around 1 hour each way.

Ilam is also famous for cheese, orchids and birds. In the evening you can have a walk in the village and perhaps purchase some souvenirs, tea and cheese to keep your memory of beautiful Ilam back with you home.

Dinner will be available on request in Hotel's Restaurant.

Day 04: Drive to Koshi Tappu Wildlife Reserve (B, L & D Included)

8:00 AM: After breakfast and a nice cup of tea, our Journey west to **Koshi Tappu Wildlife Reserve** in the floodplains of the massive Koshi river begins. The reserve provides habitat for 485 bird species including 114 water bird species.

Lunch will be served in a highway restaurant and dinner will be served in your hotel's Restaurant.

Day 05: Explore Wildlife, Bird viewing Village walk, fishing and boating(B, L & D Included)

Highlights of your day: Spend one day in the underrated but magnificent reserve together with a professional guide and naturalist, for some birdwatching. It is also the best place to watch wild water buffaloes. Other things to do is village walk, boating and perhaps fishing in Koshi River.

Lunch will be served in a highway restaurant and dinner will be served in your hotel's Restaurant.



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Day 06: Explore Chitwan National Park and Jungle Safari (B, L & D Included)

7:30 AM, After breakfast we will drive to **Chitwan**. You will ride through the never disappointing landscape of Nepal, fields, forests and the villages.

Lunch will be served in a highway restaurant and dinner will be served in your hotel's Restaurant.

Day 07: Jungle safari, Bird watching, Elephant Bath and Village Tour (B, L & D Included)

Today, Around **7:00 AM**, Our tour guide and the naturalist will come and pick you up at your Hotel for canoe ride and bird watching from the river, to the sound of the peacocks sitting in the surrounding trees.

8:30 AM: Have a jungle walk with your experienced local safari guide and naturalist. Be aware of your surroundings and always listen to your guide, Remember we are entering to Animal's territories so giving space and respecting their habitats is the key. On the way, we will take you to the Elephant bathing, where you can either witness or take a bath with elephant.

“Remember that the river water may not be good for your stomach”

11:30 AM: After Few hours of Intense but exciting boat ride, jungle walk and elephant bath, we will have a typical Nepali lunch in one of the most shouted Thakali Restaurant in the city center.

1:00 PM: After lunch in the tourist hub Sauraha, the safari continues in a jeep. Animals you might see; the one-horned rhinoceros, several types of deer, monkeys, wild boar, bison, sloth bear, leopard and, if lucky, the Royal Bengal tiger.

4:00 PM: Back to your Hotel for refreshments.

5:00 PM: Indulge in a traditional Nepali dinner to drums and a Tharu cultural dance performed by the farmers of nearby villages. Typical Tharu/Nepali dinner will be served.

Day 08: Chitwan-Lumbini-Pokhara, Explore the birthplace of Buddha (B & L Included)

7:00 AM, After breakfast, we will head west to **Lumbini** – the birthplace of Siddhartha Gautama, better known as Lord Buddha. Chitwan to Lumbini is around 170 KM and takes an average of 5 hours drive.

1:00 PM: Enjoy your late lunch at Lumbini Invitation 365 Restaurant.

2:30PM-5:00PM: Explore the garden of buddhist monuments in a tuk tuk.

5:30 PM: After exploring Lumbini we will drive to Pokhara. The day will be hectic, but it will payback. Our experienced driver will ride you safely. Late night arrival at hotel.

Please let us know if you think this is a very tight schedule, we could stay overnight in Lumbini and head to pokhara next day early morning.



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Day 09: Pokhara Sightseeing (B & L Included)

Sightseeing will start after late breakfast around 9:00 AM

Pokhara is a city blessed with the natural setting of the fishtail mountain and the serenity of the beautiful Phewa Lake. After breakfast the day will begin with a drive to **Sarangkot**, an astonishing viewpoint from where you can observe Machhapuchhre, Dhaulagiri and Annapurna. The 4x4 will continue to the old bazaar, **Gupteshwor Cave** – a sacred cave that houses a Shiva Temple and is popular for the different natural forms made from limestone deposits, and **Devi's Fall** – a waterfall that forms an underground tunnel. In the afternoon you can go for boating in **Phewa Lake**.

Day 10: Pokhara to Nayapul and hike to Ulleri, explore Magar Village (B & L Included)

After early breakfast, around 7:00 AM, A scenic drive from Pokhara to the **Nayapul starts and we will start** Hiking to Ulleri (1952m), the largest Magar village where you spend the night.

Lunch will be served on the hiking trail and dinner will be available at the hotel's restaurant.

Day 11: Hike From Ulleri to Ghorepani (B & L Included)

Today you will hike on trails through the Rhododendron and Magnolia forests to reach **Ghorepani** (2850m). **Ghorepani is the gathering place for those who want to see the sunrise from Poon Hill**, just above the village. That is the plan for tomorrow. You will find German Bakery, bars and backpackers meeting spots, cafes and etc in ghorepani. Either you can stroll around the village or just relax and plan for tomorrow.

Lunch will be served on the hiking trail and dinner will be available at the hotel's restaurant.

Day 12: Ghorepani - Poon hill - Pokhara (B & L Included)

Wake up early, around 5:00Pm, Climb the **Poon Hill**(3210m) to watch the sun emerging behind the breathtaking Himalayas. Enjoy the panoramic view of Annapurna and Dhaulagiri mountain range including Churen Himal, Dhaulagiri I, Nilgiri Fan Peak (Baraha Shikhar), Annapurna South, Himchuli, Gangapurna, Machhapuchhre himal and Kali Gandaki Gorge.

Descend same way again and have a lunch in Ghorepani and head to to **Nayapul** where a 4x4 will wait for you to return to **Pokhara**.

Day 13: Drive to Gorkha (Ancient Kingdom of Nepal) and to Bandipur (B & L Included)

After Breakfast, around 7:30 AM, Depart Pokhara and drive to the ancient kingdom of Nepal, **Gorkha**. Enjoy a local lunch around 11:00 AM and stroll through the village. Head back on the Prithvi Highway and uphill towards the charming vehicle-free hilltown Bandipur. The hilly landscape reminds us of a small Tuscany. Entering Bandipur will make you feel like time has stood still, because the village is so beautifully preserved.

Dinner will be available in the hotel.



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Day 14: Bandipur extension- Explore this beautiful village (B & L Included)

Wake up early around 6:00 AM, climb up the hill to Thani Mai Temple View Point for the magnificent view of the Himalayan Range. Walk down and enjoy your breakfast at the hotel. Village walk and visit to the silkworm farm – takes you through the fascinating process of how silk is produced. The farm comprises orchards of mulberry plants, which are grown for worm food – the worms themselves are reared indoors. Lunch at the Bazaar. Spend your afternoon enjoying the surroundings.

Day 15: Drive to Kathmandu, Free day for the shopping (B & L Included)

Early morning, after the breakfast, around 7:00 am Drive back to **Kathmandu**. Marvel at the vibrant colors and traditional craftsmanship in the most famous tourist place of Kathmandu, Thamel – the Backpacker's paradise. Shop some souvenirs or just stroll around.

Lunch will be served in the highway restaurant.

Day 16: Departure

It is so hard to say goodbye but life has to go on, so we rather say: See you next time!! Namaste. Our Experienced driver will come and pick you at the hotel and drop you to the Departure gate of TIA.

NAMASTE!!

Booking conditions:

If the booking has to be made for the holiday package the passenger/Visitor needs to partially deposit certain amount depending on the number of days ahead to departure.

1. In the booking time 20% of the total amount has to be paid.
2. Full payment has to be done after arrival and before tour begins.

Please refer to our website's [Terms and Conditions](#) page for further information.

We wish you pleasant holiday and we thank you for selecting Madan Tours.com. Please remember us for your future travel needs as well.



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Kind Regards,
Madam Tours & The team



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Nepal is generally considered a safe destination for solo female travelers, and many women travel to Nepal without incident. However, as with any travel destination, it is important to be aware of your surroundings and to take necessary precautions to protect your safety.

Here are a few tips for solo female travelers in Nepal:

- **Research your destination:** Before you travel to Nepal, it is a good idea to research your destination and to become familiar with local customs and cultural norms. This will help you feel more comfortable and confident while you are traveling.
- **Stay in safe accommodations:** Choose a safe and reputable place to stay, such as a hotel or guesthouse that has good reviews and a secure location. Avoid staying in isolated or poorly lit areas.
- **Be aware of your surroundings:** Stay alert and be aware of your surroundings at all times. Avoid walking alone at night or in isolated areas, and consider carrying a personal safety alarm or a mobile phone for emergency use.
- **Trust your instincts:** If you **feel** uncomfortable or unsafe at any time, trust your instincts and remove yourself from the situation. It is always better to be safe than sorry.

Overall, Nepal is generally a safe destination for solo female travelers, but it is important to be aware of your surroundings and to take necessary precautions to protect your safety.