

Tour Operator : Madam Tours

Address: Madam Tours, Bhagwanbahal, Thamel. (In front of the Chaya Complex entrance)

Tel: +977 1 4414079/4411642/ 9841547560/9813887848 Email: hello@madamtours.com / madamtoursnepal@gmail.com

# Annapurna Base camp

A 16 day, 15 night re-connection to nature with hikes both on and off the beaten track.

## Includes, Excludes & Highlights of the tour:

#### **Includes:**

- Airport transfers
- All Domestic Transportation (Land and Air)
- All accommodations (Double deluxe room)
- Guide's & Driver's and all staff's insurance and wages
- Packed Lunch in some of the hiking trail
- Entrance fees to all sightseeings
- Meals and Refreshments as it is mentioned in the Itinerary, Breakfast (B), Lunch (L) Dinner (D)

#### **Excludes:**

- International Airfare, Visa fee to Nepal
- Any other cost other then the one mentioned above
- Meals that is not listed above
- Gratuities
- Your personal costs
- Any other personal expenses that may occur
- Personal insurance, health insurance, flight cancellation and etc..

# -Highlights-

- Sunrise view over endless mountains
- Jungle and village walking
- Explore the flora and fauna Annapurna region
- Annapurna and Machapuchhre base camp
- Hiking through the Rhododendron and Magnolia forests
- Experience the art and architecture of ancient cities of Nepal
- Unesco Heritage sight sightseeing
- Yoga, massage and meditation on request

### **Outline Itinerary**

- Day 01: Arrive Kathmandu, Pick up from the Airport, Hotel overnight
- Day 02: Drive from Kathmandu to Pokhara (B & L included)
- Day 03: Drive from Pokhara to Nayapul & trek to Tikhedhunga (B, L & D)
- Day 04: Trek from Tikhedhunga to Ghorepani (B,L & D)
- Day 05: Hike up to Poon Hill for a sunrise and then to Tadapani (B, L & D)
- Day 06: Trek from Tadapani to Chomrong (B, L & D)
- Day 07: Trek from Chomrong to Dovan (B, L & D)
- Day 08: Trek from Dovan to Annapurna Base Camp (B, L & D)
- Day 09: Trek back from Annapurna Base Camp to Dovan (B, L & D)
- Day 10: Trek from Dovan to Jhinu Danda (B, L & D Included)
- Day 11: Trek from Jhinu Danda to Nayapul and drive back to Pokhara (B, L & D)
- Day 12: Pokhara Sightseeing (B & L)
- Day 13: Drive or Flight to Kathmandu (B & L)
- Day 14 & 15: Kathmandu Sightseeing, Shopping & dinner with madam tours (B & D)
- Day 16: Departure

# Quotation:

Number of Pax	Hotel's Standard (4-5 Stared or same standard)
Min 1	USD 1799 P /P
2-4 pax	USD 1399 P /P
5-8	USD 1199 P /P
8+	Contact us for a group discounts.

#### Hotels are 3-4 star or similar standard.

HOTEL OPTION	CATEGORY ROOM
Park Village resort, Kathmandu	Deluxe / Twin share or Single
Hyatt Regency Taragaon	Deluxe / Twin share or Single
Temples Tree Resort, Pokhara	Deluxe / Twin share or Single
Glacier Hotel & Spa, Pokhara	Deluxe / Twin share or Single
Tea houses or Guest Houses on the trek	Basic rooms

Hotels are subject to change according to the season and booking time, In case of unavailability, we promise you that we will find similar standard hotels.

Facilities that may be available at the lodges and hotels during your trekking include:

- Comfortable beds with blankets and pillows
- Shared or attached bathrooms with hot water
- A restaurant serving Nepalese and international cuisine
- WiFi
- Electricity (may be limited or intermittent)
- Trekking gear rental services
- Common areas for relaxation and socializing
- Views of the surrounding mountains and landscapes

Tea Houses: Tea Houses are basic lodges that offer simple accommodation and meals. They usually have shared bathrooms and sometimes hot water may not be available. These lodges are run by local people and are a great way to experience the local culture.

Guest Houses: Guest Houses are slightly more comfortable than Tea Houses and offer private rooms with attached bathrooms. They may also have hot showers and a restaurant that serves Nepalese and international cuisine.

# **Detailed Itinerary.**

### Day 01: Arrive Kathmandu, Pick up from the Airport, Hotel overnight

Arrival Kathmandu. After refreshments at the hotel, you will have a short briefing about your upcoming tour with one of our experienced staff members.



Day 2: Drive from Kathmandu to Pokhara (820m)

The drive from Kathmandu to Pokhara takes about 6 hours. You can either take a private car or a tourist bus for the journey. The road is mostly smooth, but there can be some bumps and twists along the way.

Upon arrival in Pokhara, you can check into your hotel and spend the rest of the day exploring the city. Pokhara is a beautiful city located on the shores of Phewa Lake, and there are many things to see and do here. Some of the popular attractions in Pokhara include the International Mountain Museum, the Peace Pagoda, the Barahi Temple, and the Mahendra Cave.





### Day 3: Drive from Pokhara to Nayapul (1070m) and start the trek to Tikhedhunga (1577m)

After breakfast, you will be driven from Pokhara to Nayapul, which takes about 1.5 hours. Nayapul is the starting point of the Annapurna Base Camp trek.

From Nayapul, you will start the trek to Tikhedhunga. The trek takes about 5 hours and covers a distance of about 12 kilometers. The trail starts off easy and gradually becomes steeper as you climb up to Tirkhedhunga. Along the way, you will pass through villages, rice terraces, and forests. Tirkhedhunga is a small village located on a ridge, and it offers beautiful views of the surrounding mountains.

Overnight in Tikhedhunga.



Day 4: Trek from Tikhedhunga to Ghorepani (2850m)

Today's trek takes you from Tikhedhunga to Ghorepani, which is a distance of about 18 kilometers and takes about 7 hours. The trail starts off easy and becomes steep as you climb up to Ulleri, a village located at an altitude of 2070 meters. From Ulleri, the trail becomes easier and takes you through forests of rhododendron, oak, and bamboo. Ghorepani is a small village located on a ridge and offers beautiful views of the surrounding mountains.



### Day 5: Hike up to Poon Hill (3210m) for sunrise and then trek to Tadapani (2630m)

Early in the morning, you will hike up to Poon Hill, which is a distance of about 3 kilometers and takes about 2 hours. Poon Hill is a popular viewpoint located at an altitude of 3210 meters, and it offers stunning sunrise views of the Annapurna range. After enjoying the sunrise, you will return to Ghorepani for breakfast.

After breakfast, you will start the trek to Tadapani, which is a distance of about 12 kilometers and takes about 6 hours. The trail takes you through forests of rhododendron, oak, and bamboo. Tadapani is a small village located on a ridge and offers beautiful views of the surrounding mountains.

Overnight in Tadapani.



Day 6: Trek from Tadapani to Chomrong (2170m)

Today's trek takes you from Tadapani to Chomrong, which is a distance of about 11 kilometers and takes about 6 hours. The trail takes you through forests of rhododendron, oak, and bamboo, and offers beautiful views of the Annapurna range. Chomrong is a large village located on a ridge, and it is the last permanent settlement on the Annapurna Base Camp trek.

Overnight in Chomrong.





### Day 7: Trek from Chomrong to Dovan (2505m)

Today's trek takes you from Chomrong to Dovan, which is a distance of about 9 kilometers and takes about 6 hours. The trail takes you through forests of rhododendron, oak, and bamboo, and offers beautiful views of the Annapurna range. Dovan is a small village located on a ridge, and it is the last village on the Annapurna Base Camp trek.

Overnight in Dovan.



Day 8: Trek from Dovan to Annapurna Base Camp (4130m)

Today's trek takes you from Dovan to Annapurna Base Camp, which is a distance of about 8 kilometers and takes about 6 hours. The trail takes you through forests of rhododendron, oak, and bamboo, and offers beautiful views of the Annapurna range. Annapurna Base Camp is located at an altitude of 4130 meters, and it is the base of the Annapurna South glacier. The base camp offers stunning views of the surrounding mountains, including Annapurna South, Annapurna I, Hiunchuli, Gangapurna, and Machhapuchhre (Fishtail).

Overnight in Annapurna Base Camp.





#### Day 9: Trek back from Annapurna Base Camp to Dovan

Indulge in breakfast at Annapurna Base Camp, followed by an exploration of the awe-inspiring magnificence of the Annapurna, Machapuchhre, and Annapurna Range.

After you satisfy with your presence at Annapurna base camp, you will retrace your steps and trek back from Annapurna Base Camp to Dovan. The trek takes about 6 hours and covers a distance of about 8 kilometers.

Overnight in Dovan.



Day 10: Trek from Dovan to Jhinu Danda (1780m)

Today's trek takes you from Dovan to Jhinu Danda, which is a distance of about 13 kilometers and takes about 6 hours. The trail takes you through forests of rhododendron, oak, and bamboo, and offers beautiful views of the Annapurna range. Jhinu Danda is a small village located on a ridge, and it is known for its hot springs. You can relax in the hot springs and soothe your sore muscles.

Overnight in Jhinu Danda.





#### Day 11: Trek from Jhinu Danda to Nayapul and drive back to Pokhara:

Today, you will retrace your steps and trek back from Jhinu Danda to Nayapul. The trek takes about 6 hours and covers a distance of about 13 kilometers. From Nayapul, you will be driven back to Pokhara, which takes about 2 hours.

Overnight in Pokhara.



Day 12: Pokhara Sightseeing

The fishtail mountain and the tranquility of the lovely Phewa Lake are two natural features that Pokhara enjoys. The day will start after breakfast with a trip to Sarangkot, a breathtaking vantage point from where you can see Machhapuchhre, Dhaulagiri, and Annapurna. The four-wheel drive vehicle will proceed to the ancient market, Gupteshwor Cave, a revered cave that is home to a Shiva Temple, and Devi's Fall, a waterfall that forms an underground tunnel.



### Day 13: Drive or Flight to Kathmandu

Inform us if you prefer to take an early-morning flight to Kathmandu, which would allow you an additional day to explore the city. Alternatively, the road trip from Pokhara to Kathmandu is just as thrilling, granting you the opportunity to observe daily life along the highway. During the journey, we can pause for lunch in Gorkha, a historically significant destination in Nepal.



Day 14 & 15: Kathmandu Sightseeing & Shopping

You now have two choices:

- 1. One free day to independently explore the city (We will set pick up and drop time and the location)
- 2. A tour of Kathmandu's historic Darbar Square (the King's Palace), followed by some souvenir shopping with Madam Sarala, our resident shopping guru.

Additionally, we are able to schedule a Boudhanath nighttime visit session. On the last day, Madam tours will offer you a farewell dinner in a typical Nepali restaurant with cultural dance.

Please let us know which option you prefer.





### Day 16: Departure

It is extremely hard to say goodbye but life has to go on.. so we rather say: See you next time!! Namaste. Our Experienced driver will come and pick you at the hotel and drop you to the Departure gate of TIA.



### Booking conditions:

If the booking has to be made for the holiday package the passenger/Visitor needs to partially deposit certain amount depending on the number of days ahead to departure.

- 1. In the booking time 20% of the total amount has to be paid.
- 2. Full payment has to be done after arrival and before tour begins.

Please refer to our website's **Terms and Conditions** page for further information.

We wish you pleasant holiday and we thank you for selecting Madan Tours.com. Please remember us for your future travel needs as well.

Kind Regards,
Madam Tours & The team



www.madamtours.com

hello@madamtours.com madamtoursnepal@gmail.com

+977 9813887848, 9841547560 (Viber & Whatsapp)

